

NORTHBRIDGE SAILING CLUB LTD

ABN 78 000 469 947
CLIVE PARK, NORTHBRIDGE
P.O. BOX 39 NORTHBRIDGE PO, N.S.W. 1560
PHONE 9967 2632
Email: training@nsc.asn.au
www.nsc.asn.au

Our goal is to have your child sailing reasonably confidently on the water around Northbridge by the end of January 2012.

All courses are likely to be over subscribed and places will generally be allocated to older children first, and to those who indicate they will be available for all three components of the programme.

The club regrets the fact the physical limitations of its location mean this is inevitable. If you are particularly keen to ensure your child is able to take part in this year's courses please apply early.

The formal programme:

1. Learn to Sail Course (30 places): 5 Sunday mornings commencing **16 October 2011**
2. New Sailor Transition: 5 Sunday Mornings commencing **20 November 2011**
3. The Live-In Camp: 5 days living at the club commencing **23 January 2012**

Things you need to understand first:

Sailing is a time consuming activity. It does not all happen in half an hour. It is not like netball or football. Like golf you need to allow a good half day.

Time spent sailing may mean your child does less of other things. For a start they will probably not play golf. They may also spend less time in front of computers/game consoles/ TVs.

Sooner, rather than later, you will need to buy a boat. This applies particularly to families not already connected with the sailing community. (**Buying a Boat** – page 3)

Northbridge Sailing Club is run by Volunteers

All members are expected to participate in running the club. With a large number of participants the duties are not particularly onerous and **only one session is expected for each.**

Officer Of the Day/Assistant - The OOD is responsible for running the club during a sailing day. This includes things like setting up club motor boats and gear, laying marks and putting it all away at the end. Each day is split into AM and PM sessions so the roster is an easy 5 hours. New parents will typically be an Assistant and this provides an excellent opportunity to learn how things operate around the club. A detailed description of OOD duties can be found on the [Volunteers](#) page of the club web site.

Canteen - As with any club canteen there are pies and rolls and drinks to be prepared and sold. The canteen is quite busy particularly during training days and regattas, and working on the canteen is a great opportunity to meet other members. A detailed description of the main canteen duties can be found on the [Volunteers](#) page of the club web site.

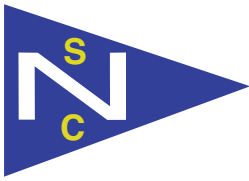
Learn to Sail Course

For 5 Sunday mornings a group of our instructors will introduce 32 children between the ages of about 8 and 15 to the joys of getting blown about and wet.

The course includes exposure to a number of sailing related skills both on the water and in theory lessons.

Your child will be in a small group situation with an experienced teenager who will have them all steering the boat, trimming the sails, capsizing, man overboard, tying knots etc.

Most children will forget most of the things they learn during this time but many of them will think it is a fun thing to do. (**Buying a Boat** – page 3)



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New Sailor Transition

For 5 Sunday mornings a different group of instructors will mentor the new trainees on basic independent boat rigging, sailing and racing.

Coaching will be in Pacers, NJ's and Optimists with the typical participant sharing a boat with one other trainee.

During this course you and your child will be assigned a coach who will be responsible for making sure the sailor (and his/her parents) develops confidence in rigging the boat and getting onto the water perchance to participate in racing.

In a volunteer club like Northbridge the coach is also useful to introduce you to other members and officials so you know who is who on the deck.

Successful participation in this course requires a high percentage of the trainees to have access to their own boat. . **(Buying a Boat – page 3)**

The Live-In

This 5 day camp is an institution. The cheerful, friendly, independent and even occasionally charming teenagers you will meet at the club are all here because of the Live-In.

Spending five days mucking about in boats is a great way for any kid to develop confidence using the equipment and getting a feel for the environment.

The Live-In cements sailing skills and friendships. All the little kids want to be instructors and the instructors are developing their own independence and leadership skills mentored by their more experienced colleagues.

Experienced “parent” club members will speak highly of the Live-In as a valued part of the growth of their, now adult, children.

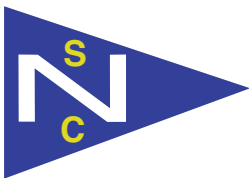
The Live-In is supported by parents who provide the catering and boat lifting muscle.

Importantly; there is a parent roster and parents will be required to provide about 3, three hour shifts per child. It is not difficult and more information will be provided with entry forms and in an information evening.

The all day sailing activities are supervised by the (mostly) teenage instructors who work with small groups of kids defined by similar age/ability.

The kids sleep in the clubhouse under the supervision of parents. The instructors sleep below in the boat bays, supervised by the senior instructor.

The Live-In is strictly limited to a maximum of 70 kids and 20+ instructors. You will need to book soon after the forms become available, at the conclusion of the Learn to Sail Program.



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Buying a Boat.

Northbridge Sailing Club supports two introductory level boats the Northbridge Junior and the Optimist. Both boats are designed as single handers but both can be sailed by two small kids.

Kids will typically grow out of the NJ by their early teens. The Optimist class rules allow competition up to 15 years old.

Older trainees may move straight into a Flying 11 but you can learn about them elsewhere.

Members are welcome to sail other boats but storage facilities are provided only for supported classes.

Northbridge Junior (NJ)

The NJ was designed in the 1960's by Frank Bethwaite, one of the club's founding members and a name in international sailing.

Many Northbridge members have learned to sail on the NJ and the boat is a nice little boat for kids. As the fleet has been around NSC forever most of the boats have quite a history because they have been through multiple hands.

The disadvantage with the NJ is that it is not sailed outside NSC and kids need to move to other classes to get competitive regatta experience. This has also meant that members have tended not to invest much money in keeping individual boats in top racing condition.

The typical NJ is cheap to buy – say \$300 – \$500



Optimist (Opti)

The Opti is the most popular boat in the world. It is sailed in 110 countries but has only fairly recently taken off in Australia. In NSW it really only started in about 2007/08. Having adopted the boat in 2008/09, NSC may now have the largest fleet in NSW.

The Opti has the advantage of providing all levels of competition from club sailing through interclub, State and National regattas right through to World championships.

It is a completely standard boat. For those parents who think a toolbox is something on their computer screen, it is a manageable maintenance task. Look up the web catalogue, buy the part.

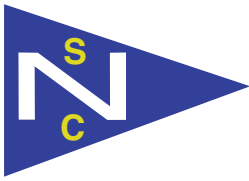
It is also a very forgiving boat to sail. Kids who might be a bit tentative will quickly become confident because it doesn't capsize easily.

The boat's design would have been right up to date for great grandpa. It looks like a bath and sails about that fast.

The fleet is still new to Australia most second hand boats cost something more than \$2,000.

New Optimists range in price up to about \$4,000.





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Cost		Junior	Junior x 2	Family
Membership	Joining Fee	45	81	103
	Annual Subscription	141	259	345
Yachting Association	per Junior Sailor per Adult	36	72	36 77
Yachting Association Training Pack		30		
Learn-to-Sail	Boat Hire per family	50		
New Sailor Coaching	Boat Hire per family Fully refundable if a boat is purchased prior to the Live-In or if the child does not continue beyond Learn to Sail.	101		
Live-In	Camp Fees – first child	325		
	Siblings - each	255		

Personal Gear

1. PFD2 (lifejacket suitable for dinghy sailing – not a bulky emergency jacket),
2. Shoes/booties to wear sailing,
3. Warm durable clothes to wear sailing (boardies over wetsuit is good)
4. Hat to wear sailing (preferably tied to lifejacket)



\$60

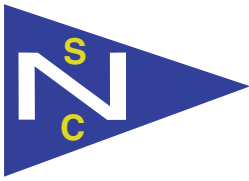


\$90



\$40

Sailing Gear can be purchased at
 Whitworths, 49 Alexander Street, Crows Nest (opposite the Council Carpark)



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LEARN TO SAIL ENROLMENT FORM - October 2011

Return to Gus Kernot training@nsc.asn.au or fax: 9420 9022

Student Details		
Student Name: _____		
Gender: Male / Female	D.O.B _____	Age at Start of Course: _____
Friends Doing Course _____		
Relevant Medical Conditions: _____		
Financial Member of NSC and YA: Yes / Joining Today		

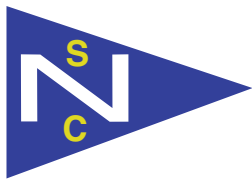
Student Sailing Experience			
Sailing Experience:	Nil	A few times with family and friends.	Regularly with family and friends.
Swimming Ability:	None	Not Confident	Developing
			Confident 50M+

Photography
Photographs will be taken during the training sessions and may be displayed by the club in promotional material, regular news bulletins on the club's website and on social networking websites.

Continuity
I understand there are limited places and priority will be given to candidates who will be available for all three portions of the program.
Subject to his/her own willingness to participate, my child is generally available for: New Sailor Coaching , November 20, 27, December 4, 11, 18 Live-In Camp , January 23 – 27 (Separate Applications and Payment will be required)

Boat Payment(If not already paid with membership application)
Payment may be made in Cash or by Credit Card \$150 Visa/Mastercard Card No. _____ Expiry __ / __

Consent and Indemnity
I consent to my child taking part in the Junior Training Course and hereby indemnify the Northbridge Sailing Club Ltd., its officers and members against any loss, damage, theft or injury to the student or the student's property, and any other person's property.
I recognise that Northbridge Sailing Club is run by it's members on a voluntary basis and any benefit I may gain has been provided by members who are not paid, in the ordinary course of the sailing season, for their effort.
Signed (Parent/Guardian): _____ Date: _____
Name Printed: _____



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APPLICATION FOR MEMBERSHIP 2011 – 2012

Name			
Street			
Suburb		Postcode	
EMAIL IS THE CLUB'S PRIMARY METHOD OF COMMUNICATION by inserting your email address, members agree to receive all statutory notices in electronic form.			
Email(s)			
Phone			

Names of Family Applicants

Given Name	D.O.B. (Children)	Sailing Member ✓	Given Name	D.O.B. (Children)	Sailing Member ✓

Boat to be registered (if applicable)

Class	Sail No.	Boat Name

Fees:	Junior	2 x Junior	Family	Senior	Associate	Intermed./ Club Crew
Joining Fee	45	81	103	79	77	
Annual Subscription	141	259	345	244	113	67
Yachting Association Compulsory for sailing members	36	72	?	77	?	?
Membership Total \$	222	412		400		

Training Boat Hire*	151	151			Learn to Sail - \$50 Transition and Live-In \$101
Boat Registration **					Senior \$97 Junior \$73
Racking					Tasar \$506 NJ/Opti\$248 Laser/Fil/FA \$374 SFth \$299 & \$197
\$					

* Boat Hire applies to all participants in the Learn to Sail but only non boat owners in other courses.

** All racing boats must carry at least 3rd party insurance cover.

Name on Credit Card VISA or MASTERCARD \$ Expiry Date _____ / - _____

I recognise that Northbridge Sailing Club is run by it's members on a voluntary basis and any benefit I may gain from my membership has been provided by members who are not paid, in the ordinary course of the sailing season, for their effort.

I will be available for formal roster duties on the nominated dates and I have entered my name on the master sheet.	Canteen	Date:	AM / PM
	Assist Officer of the Day	Date:	PM only

Applicants Signature: _____ Interviewed by: _____ Date: _____