

NSC WINTER RACING - SAILING INSTRUCTIONS – 2009

1. The Racing Rules of Sailing 2009-12 issued by the International Sailing Federation, the prescriptions and safety Regulations of Yachting Australia and these Instructions will govern all races.
2. Unless indicated to the contrary herein, the Sailing Instructions set out in the main part of the Northbridge Sailing Club Handbook apply.
3. Attention is drawn to NSC Handbook, in particular to the following:
 - All those taking part do so at their own risk and responsibility
 - NSC is not responsible for the seaworthiness of a yacht whose entry is accepted or the sufficiency or adequacy of its equipment.
 - The responsibility for a boat's decision to participate in a race or to continue racing is her crew's alone.
4. No spinnakers or like "extras" permitted.
5. No rescue boats will be manned by the club. A tinnie will be made available to parents/support crew for dinghy sailors.

PROTESTS Protests as per NSC instructions , although in the spirit of the nature of the event protests are discouraged.

SIGNALS AND STARTING PROCEDURE

- (a) Signals will be displayed from the NSC flagpole and Starters Box.
The course will be indicated by a Coloured flag.

START PROCEDURE:

- (i) Warning Signal - five (5) minutes before Start.-Code flag "W" hoisted (at 11:55 am)
 - (ii) Preparatory Signal – 4 minutes before start – Code Flag "P" hoist.
 - (iii) One minute before start – Code flag "P" lowered.
 - (iv) Start – Code flag "W" lowered. (At 12noon)
- Sound signals may accompany any of the above.

HANDICAP START

A Handicap Start will be implemented. Boats are not to start before the time as advised to them before the race. Skippers should synchronize their watches with EST and/or the above signals. The starter will endeavour to give a sound signal at 12.10, 12.20 and 12.30. These may also be called out on channel 91 of 27mgh radio.

Early starters – will be given a 2 minute penalty plus 1 minute for each minute or part thereof they are early.

Handicap start times will be posted on NSC website – www.nsc.asn.au.
Or can be obtained from John Smidmore 0417325072.

STARTING LINE -Between a buoy with an orange with back square flag and the white diamond on the NSC starting box.

An orange preventer buoy may be laid, in which case boats must pass between the yellow flag buoy and the preventer buoy.

FINISH LINE - Between a buoy with an orange with black square flag and the white diamond on the NSC starting box. An orange preventer buoy may be laid, in which case boats must pass between the yellow flag buoy and the preventer buoy.

MARKS

(a) Marks are orange spherical buoys.

(b) Courses are based around marks to be laid in four general areas:

“SP” – Spit – Approx 200 metres west of d’Albora Spit Marina.

“SB” – Sailors Bay – Approx half way between the start and Castlecrag Boatshed.

“CC” - Castlecrag – East of Castlecrag Point.

“LB” – Long Bay - Generally between Quakers Hat Point and Fig Tree Point.

COURSES:

White (“north”) – Start, CC, LB, CC, LB, CC, LB, Finish. (All marks to starboard)

Black (“south”) – Start, LB, CC, LB, CC, LB, CC, Finish. (All marks to port)

Green (“east”) - Start, SP, SB, SP, SB, SP, SB, Finish. (All marks to port)

Yellow (“west”) – Start, SB, SP, SB, SP, SB, SP, Finish. (All marks to port)

Yachts are NOT to sail amongst the moored boats.

Yachts are not to pass through the start/finish line in the direction of finishing except when starting or finishing.

SHORTENED COURSE

Code Flag “S” (blue square with white border – don’t confuse with “P”) means the last two marks are deleted.

It will be flown with the course flag at the start if practicable, but may be flown from the clubhouse during the race, in which case there will be an

attempt made to bring it to the competitors' attention (including over ch91) in accordance with Racing Rules of Sailing 32.1.

CANCELLATION, POSTPONEMENT & ABANDONMENT

Will be in accordance with Racing Rules of Sailing 27.3 & 32.

TROPHIES AND PRIZES

Yachts will compete for the Marine Watch Middle Harbour Trophy to be decided on handicap – best 4 of 6 races to count. Handicaps will be arbitrary and may be altered at the discretion of the Club after each race – generally based on 3 minute deduction for 1st, 2 for 2nd and 1 for 3rd, but other anomalies may be addressed. Point scoring will be “the Low Point System” 1 for first, 2 for 2nd etc.

Prizes may be awarded for dinghies subject to the number of series entries.